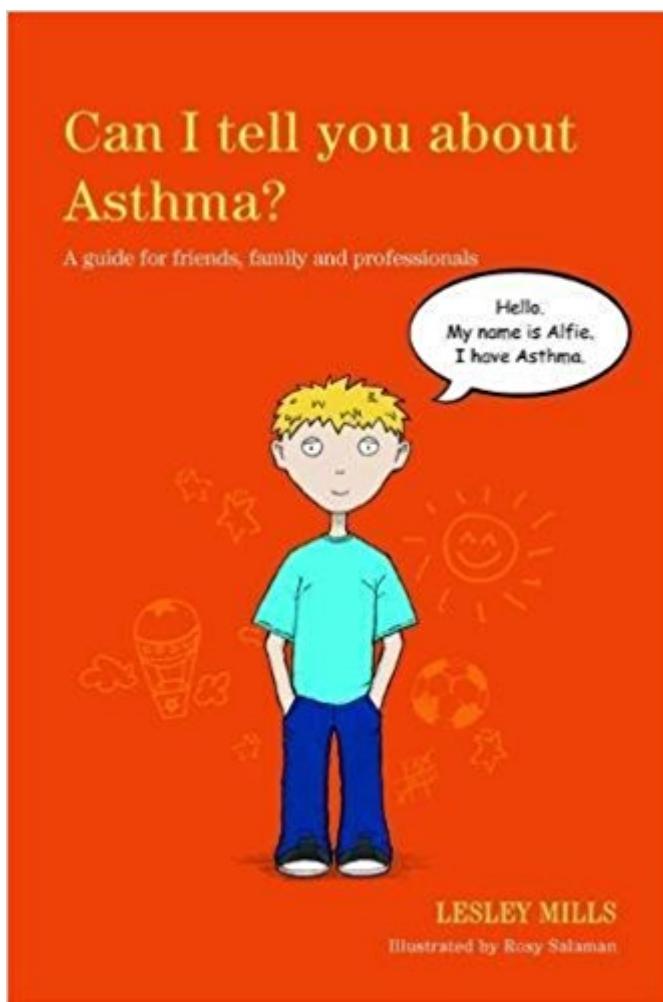


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# Can I Tell You About Asthma?: A Guide For Friends, Family And Professionals



## **Synopsis**

Meet Alfie - a young boy with asthma. Alfie invites readers to learn about asthma from his perspective, describing how it feels to have an asthma attack and what the common triggers are. He talks about the challenges of having asthma and how important it is that his friends and the people around him can recognise the signs when he starts feeling short of breath and know how to help. Alfie also gives simple instructions on using asthma inhalers and other medical treatments. This illustrated book is full of useful information and will be an ideal introduction for young people, aged 7 upwards, as well as parents, friends, teachers and nurses. It is also an excellent starting point for family and classroom discussions.

## **Book Information**

Series: Can I tell you about...?

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## **Customer Reviews**

This is a book that should be in each school and will be invaluable for parents too. -- Healthy Books Lesley Mills offers a medically accurate, age appropriate and accessible way for children, parents and teachers to learn more about asthma. With Rosy Salaman's delightful illustrations, young Alfie comes alive as our guide and teacher. As Alfie says so well, "I think most people would like to help, but they just don't know the right thing to do." Lesley Mills generously shares her wisdom through Alfie, so that we will all know the right things to do and to say when it comes to asthma. I highly recommend this resource to everyone on both sides of the Atlantic. -- Robert Oliphant, President, Asthma Society of Canada

This is a book that should be in each school and will be invaluable for parents too. (Healthy Books)Lesley Mills offers a medically accurate, age appropriate and accessible way for children, parents and teachers to learn more about asthma. With Rosy Salaman's delightful illustrations, young Alfie comes alive as our guide and teacher. As Alfie says so well, "I think most people would like to help, but they just don't know the right thing to do." Lesley Mills generously shares her wisdom through Alfie, so that we will all know the right things to do and to say when it comes to asthma. I highly recommend this resource to everyone on both sides of the Atlantic. (Robert Oliphant, President, Asthma Society of Canada)

I am a R.N. and have 3 grandsons with severe asthma (7, 7, & 8), all of whom have been hospitalized with it at various times. I was looking for a book with some (meat) to it that would be appropriate for their ages. Not only did they learn more about their asthma, I discovered that this book was actually a gold mine of information for just about everyone. I have now ordered 5 copies of it. I donated several of them to the School Nurses of their schools. I have also made a written request that I would like each of their teachers to read this book when my grandchildren are assigned to their classes. This should be required reading for ALL caregivers of asthmatic children!

As a Registered Nurse,I found this book to be both informative for children as well as adults.I purchased this book to help my other children better understand their brother's asthma condition.In the process of reading the book,there was valuable information that I learned as well.It explains things in an understandable no nonsense way.This book is very well written,a must read for anyone w asthma,as well as their family members and friends.Would be especially helpful for teachers with asthmatic students.

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